

Workshop Partners

Autism Friendly Austin

The Autism Friendly Austin (AFA) Project, sponsored by the Hormel Historic Home, began as a way to encourage current autism service providers, retailers and businesses to work together to better serve the autism community. Our vision is to make our community and the surrounding area autism friendly, sensory sensitive and family welcoming. Our mission is to promote understanding of and provide supports for inclusion and acceptance for autism and special needs through engaging, training and educating our entire community.

www.hormelhistorichome.org/autism-friendly-austin.html

Autism Society of Minnesota (AuSM)

AuSM is a place where everyone can learn, access services, and develop skills for navigating what can be challenging emotions and complex information. Services include membership, workshops, the state autism conference, AuSM Skillshops, the Life with Autism Series for specific life stages, specially-tailored summer camps for youth and adults with autism, interest-based social skills classes with community partners, Counseling and Consulting Services, support groups, Autism Direct Support Certification, sensory-friendly events, advocacy, Information and Resources, and customized autism training.

www.ausm.org

Hormel Historic Home

Built in 1871, the Hormel Historic Home strives to preserve the Home and History of the George A. and Lillian Hormel Family. Our mission is to maintain the home and to honor the family legacy of Hospitality; Music/Arts; Education/Autism; and service to the community.

www.hormelhistorichome.org



AuSM Bookstore

The AuSM Bookstore featuring many autism resources will be open during this workshop.



Autism Society of Minnesota
2380 Wycliff St. #102
St. Paul, MN 55114
www.ausm.org



in partnership present

Autism Spectrum Disorder and Transitioning to Adulthood

A workshop for parents, caregivers, support professionals, and individuals with autism.

Thursday, June 13, 2019

8 a.m.-4 p.m.



**Held at the
Hormel Historic Home
208 4th Ave. N.W.
Austin, MN 55912**

Non-Profit Org.
U.S. Postage
PAID
Twin Cities, MN
Permit No. 1062

Autism Spectrum Disorder and Transitioning to Adulthood

Thursday, June 13, 2019 • 8 a.m.-4 p.m.

Join Autism Friendly Austin, the Autism Society of Minnesota, and the Hormel Historic Home for this informative autism information share. Sessions will feature topics including Understanding Autism and Positive Behavior Support; Executive Function, Emotional Regulation, and De-escalation Strategies; and ASD and Employment.

Who Should Participate

Parents and Caregivers • Educators • Support Professionals • Individuals with Autism

Workshop Location

Hormel Historic Home
208 4th Ave. N.W.
Austin, MN 55912

Registration

Workshop Fee

- General Registration: \$30
- Person with ASD: \$15

Breakfast and lunch is included with registration. Coffee, tea, and water also will be provided.

Direct Support Professionals (DSPs) may attend at no cost if they are actively providing service during the event.

Cancellations: Refunds less a \$10 processing fee will be given for cancellations received in writing to events@ausm.org seven business days prior to the workshop. No refunds will be given after this date.

Register online at www.ausm.org.

Workshop Schedule

- 8 a.m. Registration Opens and Breakfast: Visit AuSM Bookstore and Resource Tables (Autism Friendly Austin, AuSM, Hormel Historic Home)
- 8:30-10 a.m. **Understanding Autism and Positive Behavior Support**
presented by Lucas Scott, Autism Society of Minnesota Education Specialist
Examine the history of autism spectrum disorder (ASD), including changes in how it is conceptualized and understood, as well as current DSM-5 diagnostic criteria. Review prevalence estimates over time and discuss what factors play a role in increasing prevalence. Learn foundational principles of behavior management as well as strategies to address challenging behavior, build motivation, and promote functional replacement behaviors. Obtain universal support strategies to foster communication, socialization, and self-regulation skills.
- 10-10:30 a.m. Break: Visit AuSM Bookstore and Resource Tables
- 10:30 a.m.-12 p.m. **Executive Function, Emotional Regulation, and De-escalation Strategies**
presented by Robyn DeCourcy, Autism Society of Minnesota Education Specialist
Explore the crossroads of mental health and autism. Learn how differences in processing information and emotions can cause challenges for individuals with autism, as well as common co-occurring mental health conditions. Discover ways to identify the stages of a meltdown and strategies to support de-escalation. Discuss evidence-based practices that can support individuals with ASD across settings and promote adaptive outcomes.
- 12-1 p.m. Lunch: Panel Discussion
- 1-2 p.m. **ASD and Employment: What Does the Research Say?**
presented by Eric Ringgenberg, Autism Society of Minnesota Director of Education Programs
As a developmental disorder, autism impacts individuals throughout life. While early intervention is critical, providing necessary supports at all stages of life is needed to promote desired outcomes. Best practice in education promotes the use of evidence-based interventions; however, once individuals exit the school system, fewer resources are available to help identify effective, evidence-based practices. This session will review the literature base surrounding the transition from school to the workforce, as well as employment supports for individuals with ASD.
- 2-2:15 p.m. Break: Visit AuSM Bookstore and Resource Tables
- 2:15-3:15 p.m. **Promoting Independence and Community Participation**
presented by Erin Dille-Jones MSW, LISW- Austin Albert Lea Area Special Education Cooperative and Michelle Morehouse-Austin High School Work-Based Learning and Transition Coordinator
Learn about practices promoting independence in the community, including the LINKS curriculum and work-based learning. The Links Curriculum is an evidence-based, comprehensive, web-based curriculum to teach upper elementary, secondary, and post-secondary students with autism and other developmental disabilities to be independent across school, community, and vocational routines. Work-based learning is a collaborative effort between students, educators, and local businesses that provides young adults with knowledge in career readiness skills, real world application of classroom instruction, and motivation and confidence to embark on a chosen career path.
- 3:15-4 p.m. Presenter Question & Answer Panel